

Hot PRODUCTS

OUR PICK OF THE BEST ON THE VEGAN SCENE

1 Free from gluten, dairy, and sugar, ChicP hummus is unique, delicious, guilt-free and colourful. Flavours include: carrot, ginger and turmeric, herby hummus and a unique sweet banana and cocoa hummus.

ChicP Hummus
chicp.co.uk

2 Award-winning brand Chocolate and Love makes some deliciously rich dark chocolate bars. Our favourites include: rich dark, dark chocolate with orange, dark chocolate and mint crunch, and dark chocolate and coffee.

Chocolate and Love
chocolateandlove.com

3 These pots, full of tasty marinated tofu in a sweet chilli sauce with pumpkin seeds, make an ideal healthy on-the-go lunch or snack.

Tanpopo Sweet Chilli Tofu Pot
ocado.com

4 These healthy convenient snacks are 100 per cent natural, organic, gluten-free, and a great source of protein.

Linwoods Snackettes
linwoodshealthfoods.com

5 These vegan superfood blends can be added to food or liquids to improve energy, mood, and overall health. They can be easily blended with almond milk or juice for a quick nourishing of goodness.

Green Goddess Superfood Powders
greengoddesswellness.com

6 The lid of this cleverly designed bottle from Joseph Joseph displays a new dot each time you refill so you can easily keep count of exactly how much water you're drinking.

Joseph Joseph Water Bottle
josephjoseph.com

7 This dairy-free shake combines the complementary flavours of vanilla and coconut. With just the right level of sweetness, it is a refreshing drink, as well as a tasty treat.

Halo Coco Coconut Milk & Vanilla Drink
halococo.com



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THE NEW VEGAN

AINE CARLIN

THE NEW VEGAN

Transitioning to veganism can be a daunting prospect. Top vegan author Aine Carlin guides you through the process of adopting a vegan lifestyle in this modern and stylish book. There are more than 90 tempting recipes including jerk-marinated cauliflower steaks, smoothie bowls, and green lentil and spinach curry, as well as sections dedicated to raw and gluten-free dishes.

In addition to the recipes, this book is also full of useful sections on vegan nutrition, what you should eat, ideas for daily meals, what to tell people who aren't it be family, friends or new acquaintances, a section on dining out, something new to try. You can often find challenges. Aine's practical advice, wholesome delicious recipes, and in-depth make this book an essential tool for any newbie beginning their journey.